9th Conference
European Hidradenitis Suppurativa Foundation
5-7 February 2020

Athens, Greece

“In-depth understanding of HS meets philosophical stochaism”

Organizers
European Hidradenitis Suppurativa Foundation
Under the auspices of
National and Kapodistrian University of Athens, Medical School
Aristotle University of Thessaloniki, Medical School
Hellenic Society of Dermatology and Venereology
Hellenic Institute for the Study of Sepsis

Conference venue
Athens Caravel Hotel
A message from the Organizers,

Hidradenitis suppurativa (HS) is a debilitating skin disorder that destroys not only skin areas rich in apocrine glands but, and most importantly, human lives of young people rendering then incapable to enjoy life and entering them into a vicious cycle of daily restriction and lack of function and loss of life appetite. Our boundaries in the management of HS are coming from our incomplete understanding of pathogenesis. It is obvious that further steps in HS cannot only come from fancy -omics technologies but, mainly, from using the skills that have been founded in Medicine from our ancient ancestors; listening to the patients describing symptoms and feelings; close observation of clinical findings; and critical thinking.

We are very proud to welcome you in our capital city Athens for the 9th Conference of the European Hidradenitis Suppurativa Foundation. Our target for this conference is how philosophical stochaism for a disease, exactly as described in Hippocrates books, can assist in our in-depth understanding of the mechanisms of HS leading to better patient management. To achieve so, all Greek experts in dermatology, immunology and skin infections are joining their forces. Our work has brought major advances in the HS field at an international level though ground-breaking publications in the field of immunology and genetics and though our participation in large-scale trials. We seek to provide, in collaboration of with the European Hidradenitis Suppurativa Foundation, the best possible educational program. We are also warmly endeavored to acquaint you with our famous Greek hospitality.

Evangelos J. Giamarellos-Bourboulis, MD, PhD
Professor of Internal Medicine

Dimitrios Rigopoulos, MD, PhD
Professor of Dermatology
Chairman and Director “A.Sygros” hospital
A message from the President of the EHSF e.V.

Dear Colleagues,

Hidradenitis suppurativa / acne inversa (HS) has been until 2006 an orphan disease. Many aspects have changed since then to the better, thanks to the joint contributions of dedicated colleagues around the globe. However, the delay of diagnosis of 7.2 years published by Saunte et al. in 2015 on 517 patients from 24 countries reveals that, despite the rapid progress in scientific knowledge and treatment measurements, a lot has still to be done to improve the course of this debilitating disease and the life quality of diseased fellows at their most productive age.

The inauguration of the Hidradenitis Suppurativa Foundation, Inc. in 2005 and the European Hidradenitis Suppurativa Foundation e.V. (EHSF e.V.) in 2012 and the organization of international thematic conferences, in Dessau, Germany (2006), San Francisco, IL, USA (2009), Brussels, Belgium (2014 and 2015), Berlin, Germany (2016), Copenhagen, Denmark (2017), Rotterdam, The Netherlands (2018) and Wroclaw, Poland (2019) have been milestones for dissemination of knowledge. They resulted in products of international clinical cooperation, such as the consensus definition of the disease, the diagnostic criteria and the national and European guidelines for treatment as well as the inclusion of HS to the diseases, whose harmonization of care is targeted by the European Reference Networks for Rare and Complex Skin Diseases (ERN Skin). In addition to the clinical progress, the scientific interest to the disease has rapidly increased and the scientific work performed by clinician and scientists has grown exponentially. Patients have been organized in several self-aid groups. A first compound for medical treatment has been registered with more are currently studied in dermatological departments worldwide. HS home in in global Dermatology.

The EHSF e.V. grows up with every conference, which provide significant information to the scientific and lay community at an annual basis. In 2020, the EHSF e.V. is going to visit the historic city of Athens. A specialists’ team from the National and Kapodistrian University of Athens and the Aristotle University of Thessaloniki overtake the local organization of the 9th International Conference in February 5-7, 2020. It will offer a great opportunity to deepen into current HS research and summarize the developments, which occurred in HS during the last, exciting year. The better understanding of HS pathophysiology and the actualization of the guidelines for HS treatment but also first results of the ongoing clinical studies and the targets for the years to come will be the central subjects of this scientific event. Parallely, EHSF e.V. opens its doors to the
representatives of specialized nurses working groups and invites all caring physicians and scientists, independently of their specialization, to participate, since the emerging comorbidity of HS requires an interdisciplinary approach.

As EHSF e.V. president, I am fascinated for what we have reached together and for the growing speed of our Society. I am honoured and pleased to invite you to the 9th International Conference of the EHSF e.V. in Athens. We plan to construct a scientific programme of high impact providing current information on research and its clinical relevance on HS and speakers selected among you, who are going to submit abstracts, attracting both experts in the field and motivating upcoming specialists to participate, but also young scientists and students working or wishing to work in this fascinating field in the future and the partners of the pharmaceutical industry, who are active in the field. During the Conference you will have the opportunity to share your knowledge and perspectives and also gain a better insight into HS by discussing with experts. At last but not least, you will reactivate old friendships and obtain the opportunity to develop new ones.

I have no doubt that the 9th International EHSF Conference will become an unforgettable experience, especially since our local hosts are overtaking superb efforts to satisfy our networking wishes and to present you Athens and its Greek hospitality.

I look forward to address you a friendly welcome to Athens and thank you in advance for joining us in the 9th International Conference of the EHSF e.V.

On behalf of the Organizing and Scientific Programme Committees

Prof. Dr. med. Prof. honoraire Dr. h.c. Christos C. Zouboulis, Dessau
President of the EHSF e.V.
Local organizing committee

Co-chairs:
Prof. Dimitrios Rigopoulos
Prof. Evangelos J. Giamarellos-Bourboulis

General Secretary
Prof. Alexandros Stratigos

Members
Prof. Dimitrios Ioannides
Prof. Alexander Katoulis
Prof. Electra Nikolaidou
Prof. Evangelia Papadavid
Dr. George Kontochristopoulos
Dr. Aikaterini Liakou
Dr. Fragkiski Tsatsou
Dr. Anastasia Trigoni

International Scientific Committee
Vincenzo Bettoli (Italy)
Amon D. Cohen (Israel)
Veronique Del Marmol (Belgium)
Lennart Emtestam (Sweden)
Evangelos J. Giamarellos-Bourboulis (Greece)
Philippe Guillem (France)
Wayne Gulliver (Canada)
Barbara Horváth (The Netherlands)
Evgenya Hristakieva (Bulgaria)
Robert Emil Hunger (Switzerland)
John Ingram (UK)
Gregor Jemec (Denmark)
Alexander Katoulis (Greece)
Brian Kirby (Ireland)
Antonio Martorell-Calatayud (Spain)
Łukasz Matusiak (Poland)
Aude Nassif (France)
Errol Prens (The Netherlands)
Angelo Valerio Marzano (Italy)
Marco Romanelli (Italy)
Ditte Marie Saunte (Denmark)
Jacek Szepietowski (Poland)
Skaidra Valiukevičienė (Lithuania)
Thrasyvoulos Tzillos (Norway)
Hessel van der Zee (The Netherlands)
Christos C. Zouboulis (Germany)
Our vision: ACHIEVE

National and Kapodistrian University of Athens
Birthplace of our:
- Humanitarian thinking
- Clinical reasoning
- Investigational instinct
For Patients with HS

• Advance new research ideas
• Collaborate in all fields of expertise
• Highlight recent developments
• Improve patient care
• Vision hope for patients
• Enhance new therapies
Wednesday February 5th 2019

Plenary room A
13:00-15:00 AbbVie sponsored workshop
Integrated Medical & Surgical Treatment in HS

Room B
12:00-15:00 Hidradenitis suppurativa nursing school
Chair: TBD
- How to manage flare-ups
- The role of the study nurse for clinical trial
- Surgical treatment
- Prioritizing patients’ needs
- The need for networking
Five presentations of 12 minutes each coming from the best selected abstracts

Plenary program and Opening ceremony
Auditorium of the Old Building of the National and Kapodistrian University of Athens (transfer from Caravel hotel is provided)

16:00-16:30 Welcome addresses
Prof. Christos Zouboulis President of the EHSF eV
Prof. Dimitrios Rigopoulos Co-chair of the local Organizing Committee
Prof. Evangelos J. Giamarellos-Bourboulis Co-chair of the local Organizing Committee

16:30-18:00 Plenary session
Chairs: TBD

16:30-17:00 New pathways for medical treatment: the complement paradigm
Evangelos J. Giamarellos-Bourboulis (Greece)

17:00-17:30 My life career: the fight against HS
Jean Révuz (France)

17:30-18:00 Choose your adversary with care - and help the sick
Gregor Jemec (Denmark)
18:00-20:00 Social program and reception at Kostis Palamas building

Thursday February 6th 2019
09:00-10:30 Immunology

Chairs: TBD

09:00-09:15 HS as an innate immune disorder
Errol Prens (The Netherlands)

09:15-09:30 HS as an adaptive immune disorder
Aikaterini Liakou (Greece)

09:30-10:15 Three presentations of 15 minutes each coming from the best selected abstracts

10:15-10:30 Discussion

10:30-11:30 Coffee break and poster walk

11:30-13:00 Endpoints of clinical trials
This session will be recorded and proceedings of the presentations will be published in a supplementary volume of Experimental Dermatology

Chairs: TBD

11:30-11:45 I love HiSCR
Brian Kirby (Ireland)

11:45-12:00 We need to move onwards: the iHS4 paradigm
Thrassyvoulos Tzellos (Norway)

12:00-12:15 What patient reported outcomes do we really need?
John Ingram (UK)

12:15-12:30 The outcome measure may vary by the drug mechanism of action
TBD

12:30-12:45 What should be the outcome measure after surgery?
Maurizio Podda (Germany)

12:45-13:00 Discussion

13:00-14:00 Lunch break

14:00-15:00 Poster presentations at poster area
All abstracts accepted as either oral or ePoster presentations will be published in a supplementary volume of *Experimental Dermatology*

Posters will be presented as e-Posters. ePosters will be classified according to the thematic area. One chairperson will be appointed per thematic area. Chairpersons, authors and attendees will walk through the posters per thematic area where each author will be given 3 minutes for a brief on site oral presentation of his/her work. An award committee will collaborate with the chairpersons to grade the ePosters. *Discussions taking place with the authors during all four poster walks will be taken into consideration.* The top three ePosters will be awarded. ePoster awards will be:

- First Award: award certificate + financial grant €1,000 as waiver fee for EHSF2021 and one 15-minute oral presentation of abstract submitted at EHSF2021
- Second Award: award certificate + financial grant €600 as waiver fee for EHSF2021 and one 15-minute oral presentation of abstract submitted at EHSF2021
- Third Award: award certificate + financial grant €400 as waiver fee for EHSF2021 and one 15-minute oral presentation of abstract submitted at EHSF2021

Awards will be announced during the closing ceremony.
15:00-16:30 Genetic and molecular profiling

**Chairs:** TBD

- 15:00-15:15 Available evidence: an overview
  *Robert Emil Hunger (Switzerland)*

- 15:15-16:15 Four presentations of 15 minutes each coming from the best selected abstracts

- 16:15-16:30 Discussion

16:30-18:00 Medical treatment

**Chairs:** TBD

- 16:30-16:45 All depends on antibiotics
  *Vincenzo Bettoli (Italy)*

- 16:45-17:00 What a large European cohort suggests on the efficacy of antibiotics
  *Hessel van der Zee (The Netherlands)*

- 17:00-17:15 Results of the SHARPS study

- 17:15-17:45 Two presentations of 15 minutes each coming from the best selected abstracts

- 17:45-18:00 Discussion

**19:00-22:00 Visit and dinner at the Acropolis museum** *(transfer from Caravel hotel is provided)*

The official conference dinner will be hosted at the Acropolis museum. Guided tour will be provided.

The new Acropolis Museum has a total area of 25,000 m² with exhibition space of over 14,000 m², ten times more than that of the old museum on the Hill of the Acropolis.
Friday February 7th 2019
09:00-10:30 Epidemiology and diagnostic tools
   Chairs: TBD

09:00-09:15 Focus on geographic variations and financial impact
   Amon D. Cohen (Israel)

09:15-09:30 HISTORIC collaboration
   Amit Garg (USA)

09:30-10:15 Three presentations of 15 minutes each coming from the best selected abstracts

10:15-10:30 Discussion

10:30-11:00 Coffee break and poster walk

11:00-12:30 AbbVie Satellite Symposium

12:30-13:30 Lunch break

13:30-15:00 News from clinical trials
   Chairs: TBD

Five presentations of 15 minutes each coming from the best selected abstracts

14:45-15:00 Discussion

15:00-15:30 Coffee break and poster walk

15:30-16:30 Surgical treatment
   Chairs: TBD
Three presentations of 15 minutes each coming from the best selected abstracts

16:15-16:30 Discussion

16:30-17:30 Closing ceremony

16:30-17:00 Open panel discussion: what novelty is required to move the field forward?

Participants: TBD

Each participant has 3 minutes to make his statement

17:00-17:15 Discussion

17:15-17:30: Adieu

Evangelos J. Giamarellos-Bourboulis (Greece), Dimitrios Rigopoulos (Greece), Christos Zouboulis (Germany)